# Principles of Pharmacy practice 

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Some fundamentals of measurements and calculations.

Interpretation of prescription or medication orders.

The metric system.
Calculation of doses.
Reducing and enlarging formulas.
Density, specific gravity and specific volume.
Percentage and ratio strength calculation.

## Introduction

Pharmacy: it is a science and art of manufacturing and administration of drugs
aa. or (ana) of each •
ad (ad) up to; to make
disp. (dispensatur) dispense
d.t.d. (dentur tales give of such doses
ft (fiat) make -
M. (mice) mix •
q.s. (quantum a sufficient quantity
Sig. (Signa) write (directions
A.M. (ante meridiem) • morning
aq. (aqua) water
b.i.d. (bis in die) twice a day •
d (die) day •
dil. (dilutus) dilute •
et and •
h. or hr. (hora) hour •
tsp. teaspoonful •
a.c. (ante cibos) before me

## abbreviations

| Gm | gram |
| :--- | :--- |
| ml | milliliter |
| fl | fluid dram $=5 \mathrm{ml}$ |
| fIJss orfJss | half-fluidounce $(15 \mathrm{ml})$ |
| Dose |  |
| Tab. | Tablet |
| Cap. | Capsule |
| Amp. | Ampoule • |
| Ung. | Ointment • |
| Gutt | drop |
| I.M | intramuscular |
| I.V. | Intravenous • |
| t.i.d. | Three times daily |

## Pharmaceutical measurements

Volume ; •
1- by using graduated cylinders and graduated pipettes •
2 - volumetric measurement ( accurate measurement ); by using volumetrictric flasks and volumetric pipetts .

Weighing: •
1-Sensitive balance of at least 4 divisions (0.0000) •
2- by using pharmacy balance which almost having an error of measurement therefore we can overcome this problem by applying Aliquot method of weighing (by addition of inert substance to satisfy the low sensitivity of the balance.
Sensitivity Requirement (SR):it is defined as the load that will cause a change of one division on the index plate of the balance

## 2- interpretation of medical prescription

the traditional symbol $\mathrm{Rx}_{\mathrm{x}}$ (meaning "recipe," "take thou," or "you take")
Components of a typical prescription. Parts labeled are as follows:
(1) Prescriber information and signature
(2) Patient information •
(3) Date prescription was written •
(4) symbol (the Superscription), meaning "take thou," •
"you take," or "recipe"
(5) Medication prescribed (the Inscription) •
(6) Dispensing instructions to the pharmacist (the Subscription) •
(7) Directions to the patient (the Signa) •
(8) Special instructions. It is important to note that for any Medicaid or Medicare prescription and according to
individual state laws, a handwritten language by the prescriber, such as "Brand necessary," may be

## Prescription accuracy

It is the responsibility of the pharmacist to ensure that each prescription and medication order
received is correct in its form and content; is appropriate for the patient being treated; and is
subsequently filled, labeled, dispensed, and administered accurately. In essence, each medication
should be:

- therapeutically appropriate for the patient; -
- prescribed at the correct dose; •
- dispensed in the correct strength and dosage form; •
- correctly labeled with complete instructions for the patient or caregiver; and
- for the patient in a hospital or other health care facility, each medication must be administered
to the correct patient, at the correct time, and by the correct rate and route of administration.


## Metric system

the international system unit of measurement

Volume;
Liter $=1000 \mathrm{ml}$ •
$\mathrm{ml}=1000$ microliter •


## Calculation of doses

The dose of a drug is the quantitative amount administered or taken by a patient for the intended medical effect
single dose, the amount taken at one time
daily dose; or a total dose, the amount taken during the course of therapy.
dosage regimen ; The schedule of dosing (e.g., four times per dayfor 10 days) •
The usual adult dose of a drug is the amount that ordinarily produces the medicinal effect intended in the adult patient
. The usual pediatric dose is similarly defined for the infant or child patient
The minimum concentration effect (MCE) ;An average blood serum concentration of a drug can be measured, and the minimum the drug's concentration determined that can be expected to produce desired effects in a patient.

## ROUTE OF ADMINISTRATION REPRESENTATIVE DOSAGE FORMS

Oral Tablets, drops,<br>Sublinqual Tablets<br>(under the tongue) •<br>Parenteral<br>Epicutaneous/<br>Transdermal<br>Conjunctival (eye)<br>Intranasal (nose)<br>Intrarespiratory<br>Rectal (rectum)<br>suspensions<br>Vaginal (vagina)<br>gels,<br>Urethral (urethra)

capsules, lozenges, solutions,
(mouth, GI tract) syrups, and suspensions
tablet •

## Calculation of doses in practice

Number of doses = Total quantity/Size of dose • Size of dose $=$ Total quantity / Number of doses • Total quantity $=$ number of doses $x$ size of dose

## Reducing \& enlarging of formulas

Pharmacists may have to reduce or enlarge formulas for pharmaceutical preparations in the course of their professional practice or manufacturing activities.
Factor of reducing or enlarging = •
Quantity of formula desired /Quantity of formula given To correct the formula; factor X amount of each drug • If a formula for 1000 mL contains 6 g of a drug, how many grams of drug are needed to prepare 60 mL of the formula? $60 / 1000=0.06$ -
$0.06 \times 6 \mathrm{gm}=0.36 \mathrm{gm}$ of drug needed to prepare 60 ml •

## Density and specific gravity

Density (d) is mass per unit volume of a • substance ( $\mathrm{gm} / \mathrm{ml}$ ).
Specific gravity (sp gr) is a ratio, expressed • decimally, of the weight of a substance to the weight of an equal volume of a substance chosen as a standard (water).
Specific gravity = Weight of substance /Weight of equal volume of water
Sp.gr. Has no unit of expression because it is a • ratio and it is measured by pycnometer.

## Applications of specific gravity

1- pharmaceutical applications; • determination of weight by volume -
2- clinical application ; •
diagnosis of disease by measuring urine sp.gr.

## Percentage and ratio strength

The term percent and its corresponding sign (\%) mean "by the hundred" or "in a hundred,"
Percent weight-in-volume (w/v) expresses the number of grams of a constituent in 100 mL
of solution or liquid preparation and is used regardless of • whether water or another liquid is the solvent or vehicle. Expressed as: $\% \mathrm{w} / \mathrm{v}$.
Percent volume-in-volume (v/v) expresses the number of • milliliters of a constituent in 100
$m L$ of solution or liquid preparation. Expressed as: $\% \mathrm{v} / \mathrm{v}$. • Percent weight-in-weight (w/w) expresses the number of • grams of a constituent in 100 g of
solution or preparation. Expressed as: \% w/w. •

## EXAMPLES OF PHARMACEUTICAL

 DOSAGE FORMS IN WHICH THE ACTIVE INGREDIENT IS OFTEN CALCULATED AND EXPRESSED ON A PERCENTAGE BASIS
## PERCENTAGE BASIS EXAMPLES OF APPLICABLE • DOSAGE FORMS

Weight-in-volume; Solutions (e.g., ophthalmic, nasal, otic, topical, large-volume parenterals)and lotions
Volume-in-volume; Aromatic waters, topical solutions, and emulsions

Weight-in-weight ; Ointments, creams, and gels •

## Ratio strength

The concentrations of weak solutions are frequently expressed in terms of ratio strength.

It is 1 part of solute per number parts of solvent $\cdot$
As 1: $20,1: 1000 \cdot$
$0.02 \%=1: 5000$ •

