

Why Sociology Is Important To Nursing?

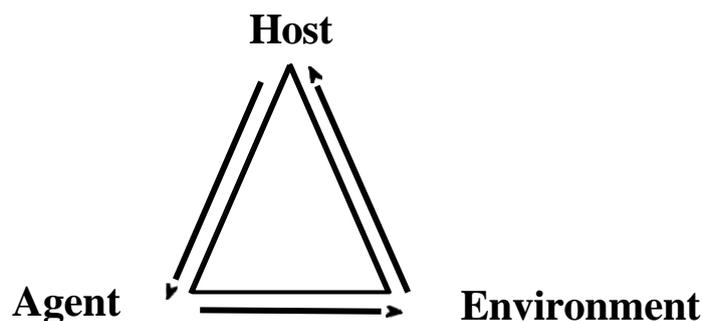
Sociology is mainly the study of society, communities and people whereas nursing is a profession which focused on assisting individuals, families, and communities in maintaining and recovering optimal health .

Medical Sociology is concerned with following

1. Description and explanations or theories relating to the diseases distribution among various population groups.
2. The behaviors or actions taken by individuals to maintain, enhance, and restore health and cope with disease or disability.
3. People's attitudes and beliefs about health, disease, disability, and medical care providers.
4. Cultural values and societal responses with respect to health, illness, and disability.
5. The role of social factors in the etiology of the disease(e.g. Age, gender, residence, occupation, etc....)

Social interaction and health

Social interactions can influence behavior and risk factors for disease. For example, those who find themselves surrounded by smoker find it difficult to quit smoking. In addition, person to person transmission of diseases increase in the dense population. Social support is necessary factor in promoting health. Retirement, loss of spouse, or close friend, or change in social role can affect social contact; all are risk factors for disease.



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