

Cephalosporins

- 1) Cephalosporins are β -lactam compound in which the beta-lactam ring is fused to a dihydrothiazine ring.
- 2) They have low toxicity and broader spectrum than natural penicillins.
- 3) Cephalosporins compared with penicillins, they are in general less active against gram positive organism but more active against gram negative organisms.
- 4) Cephalosporins inhibit bacterial wall synthesis in a manner similar to that of penicillin.
- 5) Most cephalosporins are excreted through the kidneys.

Classification of cephalosporins

Cephalosporins may be classified by their:

- 1) Chemical structure
- 2) Clinical pharmacology
- 3) Resistance to β -lactamase.
- 4) Antimicrobial spectrum.

The well accepted system of classification is by generations and classification by generations is based on general features of antimicrobial activity.

1) First generation Cephalosporins

- A) They are effective against staphylococci and streptococci such as: Cefazolin, Cephalothin, Cephalexin, Cefadroxil, Cephadrine
- B) Cefazolin, Cephalothin, Cephalexin have good activity against most gram positive cocci (*Streptococcus*, *Pneumococcus*) and they are more active against gram negative organisms (*E.coli*, *Klebsiella* and *Proteus*).

C) They are effective against some anaerobic cocci (*Peptococcus* and *Peptostreptococcus*).

D) They are not effective against *Enterobacter* and *Pseudomonas*.

2) Second generation Cephalosporins

A) They have a greater gram negative spectrum while retaining some activity against gram positive bacteria.

B) They are more resistant to β -lactamase and they are useful agents for treating upper and lower respiratory tract infections.

C) They are active against *E.coli*, *Klebsiella* and *Proteus* such as: Cefaclor, Cefuroxime, Cefonicid, Cefoxitin,

D) Cefuroxime, Cefamandole, Cefaclor are effective against *Haemophilus influenza*

3) Third generation Cephalosporins

A) They have a broad spectrum of activity and further increased activity against gram negative organisms.

B) The spectrum is extended to include: *Enterobacter*, *E.coli*, *Proteus mirabilis*, *Klebsiella*, *Pseudomonas*

C) Ceftriaxone and Cefotaxime have excellent activity against most strains of *Streptococcus pneumoniae*

D) Only Cefizoxime and moxalactam retain good activity against *Bacteroides fragilis*

E) Cefotaxime active against gram negative bacteria such as: *Pseudomonas aeruginosa*,

F) Ceftriaxone easily passes meninges and diffuses into CSF to treat CNS infections.

4) Fourth generation Cephalosporins

- A)** They have a greater spectrum of antimicrobial activity and a greater resistance to beta lactamases than the third generation cephalosporins.
- B)** Many of these cephalosporins can cross blood brain barrier and are effective in meningitis.
- C)** Cefepime has broad gram negative coverage with somewhat enhanced activity against *Pseudomonas*.
- D)** Cefpirome is more active against *Pneumococci* and has somewhat lesser activity against *Pseudomonas*.
- E)** Cefepime and Cefpirome are highly active against nosocomial pathogens such as: Enterobacter and Acinetobacter.
- F)** Both antibiotics have good activity against *Staphylococcus aureus* except for methicillin resistant strains and *Staphylococcus haemolyticus* which are of borderline sensitivity.
- G)** Both antibiotics have little useful activity against *Bacteroides fragilis* group or *Bacteroides oralis* group.

Therapeutic uses of Cephalosporins

- A)** Clinical studies have shown cephalosporins to be effective as both therapeutic and prophylactic agents.
- B)** The first generation Cephalosporins are excellent agents for skin and soft tissue infections owing to *Streptococcus pyogenes*.
- C)** For colorectal surgery, where prophylaxis for intestinal anaerobes is desired, and the second generation agent cefoxitin is preferred.
- D)** The third generation Cephalosporins is the drugs of choice for infections caused by *Klebsiella*, *Enterobacter*, *Proteus*, *Serratia*

Adverse reactions

- A) Hypersensitivity reactions to the Cephalosporins are the most common side effects. The reactions appear to be identical to those caused by the penicillins.
- B) Nephrotoxicity has been reported.
- C) Diarrhea can result from the administration of Cephalosporins.
- D) Serious bleeding related either to hypoprothrombinemia owing to the methylthiotetrazole (MTT) group, thrombocytopenia and or platelets dysfunction has been reported with several B-lactam antibiotics.
- E) The cephalosporins that contain the methylthiotetrazole include Cefotetan, Cefamandole, Moxalactam and Cefoperazone.

Other β -lactam antibiotics

A) Carbapenems

They have a broad spectrum of activity than most other β -lactam antibiotics, such as: Imipenem, Meropenem

1) Imipenem

- A) It is marketed in combination with cilastatin (Drug that inhibits the degradation of imipenem by renal tubular dipeptidase)
- B) It is derived from a compound produced by *Streptomyces cattleya*
- C) It binds to penicillin binding proteins and disrupts bacterial cell wall synthesis and causes death of susceptible microorganisms.
- D) It is very resistant to hydrolysis by most β -lactam antibiotics.

Therapeutic uses of imipenem

- A) Urinary tract and lower respiratory infections
- B) Intra-abdominal
- C) Skin, soft tissue, bone and joint infections

Adverse reactions

- A)** Imipenem is not absorbed orally.
- B)** Nausea and vomiting are the most common adverse reactions.
- C)** Patients who are allergic to other β -lactam antibiotics may have hypersensitivity reactions when given imipenem.

2) Meropenem

- A)** It does not require co-administration with cilastatin because it is not sensitive to renal dipeptidase.
- B)** Clinical experience with meropenem demonstrated therapeutic equivalence with imipenem.

B) Monobactams

1) Aztreonam

- A)** It is isolated from *Chromobacterium violaceum*
- B)** It interacts with penicillin binding proteins of susceptible microorganisms.
- C)** It is resistant to many of β -lactamase produced by most gram negative bacteria.
- D)** It has activity only against gram negative bacteria
- E)** It has no activity against gram positive bacteria
- F)** Patients who are allergic to penicillins or cephalosporins appear not to react to aztreonam.

β -lactamase inhibitors

They are most active against plasmid encoded β -lactamases (including the enzymes that hydrolyze ceftazidime and cefotaxime)

1) Clavulanic acid

A) It is produced by *Streptomyces clavuligerus*

B) It is a (suicide) inhibitor that irreversibly binds β -lactamases produced by a wide range of gram positive and gram negative microorganisms.

C) It has been combined with amoxicillin as an oral preparation (Augmentin) and with ticarcillin as a parenteral preparation (Timentin).

2) Sulbactam

A) The combination Sulbactam with ampicillin has good activity against gram positive cocci, gram negative aerobes (but not resistant strains of *E.coli* or *Pseudomonas*).